

Jennifer C. Shepherd, MSPT, CFMT, FFMT, FAAOMPT

Curriculum Vitae

Continuing Education

ISM Series Update Course Diane Lee, PT, FCAMT, IMS	Sept 2020
Advanced Visceral Manipulation: The Brain Jean Pierre Barral, DO, MRO(F), RPT The Barral Institute	July 2020
Barral Institute Symposium; New Foundations - New Partnerships The Barral Institute	July 2020
Clinical Interventions: Concussion Recovery; Barral Manual Therapy Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jan 2020
Contenance Reproduction and Sex Miranda Harvey, PT, DPT, FFMT, FAAOMPT The Institute of Physical Art	Dec 2019
Neural Manipulation 3: Peripheral Nerves Lower Body The Barral Institute	Dec 2019
CranioSacral Therapy 1: Assessment of Central Nervous System and Fascia for Full Body Treatment Protocol Michael Morgan Upledger Institute	Nov 2019
Visceral Vascular Manipulation Lower Body Gail Wetzler, PT, DPT, EDO, BI-D	Sept 2019 18 Hours
Alzheimer's Intensive Program Gail Wetzler, PT, DPT, EDO, BI-D Upledger Institute	June 2019
Visceral Vascular Manipulation Upper Body Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Mar 2019 18 Hours
Neural Manipulation 2: Peripheral Nerves Upper Body Lisa Brady Grant, DC, BI-D The Barral Institute	Nov 2018 18 Hours
Integrated Systems Model Series and Clinical Mentorship	Mar,Jun,Sept 2018

Diane Lee, PT , FCAMT, IMS	96 Hours
Visceral Manipulation: Listening Techniques 2; An Integrative Approach to Evaluation Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Feb 2018 18 Hours
Neural Manipulation: Neuromeningeal Manipulation; An Integrative Approach to Trauma Lisa Polec, DC, BI-D The Barral Institute	Oct 2017 18 Hours
Functional Mobilization II Dean Hazama, MPT, CFMT, FFMT, FAAOMPT The Institute of Physical Art	Sept 2017 32 Hours
Visceral Emotional 6 Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jul 2017 18 Hours
Listening Techniques Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jun 2017 18 Hours
Lymphatic Drainage Techniques Lower Extremity -D’Abrogio Institute Kerry D’Ambrogio D’Ambrogio Institute	Sept 2016 20 Hours
Medicine of Cycling Conference-Bike Fit Colorado Springs, CO	Aug 2016 14 Hours
Manual Thermal Evaluation Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jan 2016 24 Hours
Manipulation Laurie Hartmann, DO Private course	Nov 2015 15 Hours
Visceral Manipulation-The Thorax Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Aug 2014 24 Hours
Medicine of Cycling Conference -Bike Fit Colorado Springs, CO	Aug 2014 14 Hours
Core First Strategies Vicky Saliba Johnson The Institute of Physical Art	July 2013 20 Hours
Functional Manual Therapy Foundations	Jan 2012

Kent Keyser PT MS OCS COMT ATC LAT CKTP FFFMT FAAOMPT CrunKeyser, LLC	25 Hours
Visceral Manipulation The Pelvis Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jan 2011 24 Hours
Visceral Manipulation 2 Gail Wetzler, PT, DPT, EDO, BI-D The Barral Institute	Jan 2010 24 Hours
Functional Manual Therapy Forum The Institute of Physical Art	Jan 2010
Visceral Manipulation 1 Dee Ahern, PT The Barral Institute	Dec 2009 24 Hours
Vestibular Nicole Miranda, PT DPT University of Colorado	May 2011
Proprioceptive Neuromuscular Facilitation II Michael Baum, PT Institute of Physical Art	July 2007
Functional Manual Therapy Symposium Denver, CO The Institute of Physical Art	July 2006
Functional Mobilization Upper Quadrant Gregg Johnson, PT, FFCFMT The Institute of Physical Art	July 2006
Functional Gait: Component Assessment and Treatment Dean Hazama MPT, CFMT, FFMT, FAAOMPT The Institute of Physical Art	Dec 2005
Back Education and Training Vicky Saliba Johnson, PT, FFCFMT The Institute of Physical Art	Jun 2005 20 hours
Functional Mobilization Upper Quadrant Gregg Johnson, PT, FFCFMT The Institute of Physical Art	July 2006
IF You Can't Breathe You Can't Function: Integrating the Pulmonary, Neuromuscular and Musculoskeletal Systems Mary Massery	

Cervico-Thoracic Integration Kent Keyser, MS, PT, OCS, COMT, CFMT, FAAOMPT Integrative Manual Solutions	May 2005 30 hours
Lumbo-Pelvic Integration Kent Keyser, MS, PT, OCS, COMT, CFMT, FAAOMPT Integrative Manual Solutions	2005
Biomechanics of the Cyclist: Fit, Function and Pathology Jacqui Lockwood, PT North American Seminars, Denver CO	Oct 2004 15 hours
Functional Mobilization Lower Quadrant Gregg Johnson, PT, FFCFMT	Mar 2004 31 hours
Functional Orthopedics II Gregg Johnson, PT, FFCFMT The Institute of Physical Art	Jan 2004 31 hours
Functional Orthopedics I Jim Beazell, MSPT, OCS, FAAOMPT The Institute of Physical Art	Aug 2003 30 hours
Prioprioceptive Neuromuscular Facilitation I Vicky Saliba Johnson, PT FFCFMT The Institute of Physical Art	Mar 2003 28 hours
Muscle Energy Techniques for the Lumbar Spine & Pelvic Girdle Peter Szymanski, PT, IOC, CFMT Body Tune-Up Physical Therapy	Feb 2003 15 hours
Muscle Energy Techniques for the Thoracic Spine and Rib Cage Peter Szymanski, PT, IOC, CFMT Rehabilitation and Performance Medicine Specialists	Jan 2003 16 hours
Pediatric Treatment and Functional Outcomes Course Marjorie Adams, MSPT The Children's Hospital, Arapahoe Community College	Nov 2002 154 hours
Muscle Energy Techniques for the Cervical Spine Peter Szymanski, PT, IOC, CFMT Rehabilitation and Performance Medicine Specialists	Nov 2002 16 hours
Spasticity Management: Focus on Rehabilitation Nikki Morton, MPT Medtronic	Oct 2002 4 hours
Dynavox Training	Jan 2001

Lumbar Local
Mark Comerford

Lumbar Global
Mark Comerford

INSTRUCTOR

Functional Gait
Pembroke Pines, FL
Nov 2010

Functional Mobilization I
Denver, CO
Oct 2010

Functional Gait
Denver, CO
Aug 2010

Functional Mobilization I
Fruita, CO
Apr 2010

Proprioceptive Neuromuscular Facilitation
Denver, CO
Apr 2009

LAB ASSISTANT

Functional Mobilization Lower Quadrant	Mar 2018
Functional Mobilization II	Sept 2017
Proprioceptive Neuromuscular Facilitation	Aug 2017
Core First Strategies	May 2017
Core First Strategies	Jul 2013
Visceral Mobilization	Oct 2012
Resistance Enhanced Manipulation	Dec 2011
Functional Mobilization Upper Quadrant	Jun 2010
Functional Mobilization Lower Quadrant	Aug 2009
Functional Orthopedics I	Oct 2008

PROFESSIONAL PUBLICATION

“The Evolution of Pediatric Physical Therapy” Spring 2006, Vol 9, Issue 2
PM&R Update, The Children’s Hospital, Denver, CO

PROFESSIONAL PRESENTATIONS

“Chronic Pain in Children” The Children’s Hospital, Denver	Sept 2006
“Functional Mobilization for Pediatrics” Mapleton Hospital, Boulder	Sept 2012

COMMUNITY PRESENTATIONS

“Knee Pain in Cyclists”	August 2011
“Relationship of plantar fasciitis and pelvis dysfunction in runners”	Feb 2017

COMMUNITY SERVICE

Aug 2011 US Pro Challenge - community assessments and treatments

Aug 2012 US Pro Challenge - community assessments and treatments

Jan 2014 Women's Professional Cycling Team TIBCO-SVB assessments, treatments, fitting

Mar 2015 Women's Professional Cycling Team TIBCO-SVB assessments, treatments, fitting

Jan 2016 Divine Awakenings - community assessments and treatments

Feb 2017 Women's Professional Cycling Team TIBCO-SVB assessments, treatments, fitting